

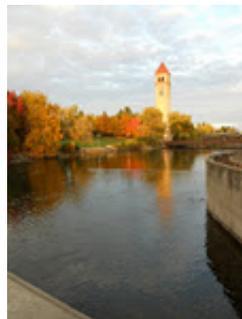
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# Tasty Trek

*Spokane restaurants, (and elsewhere too) as dined in by little ol' me, and my wonderful hubby.*

## Welcome!



This is the Spokane Riverfront Park area. Spokane is located on the east side of Washington State. It's 18 miles west of the Idaho state line, and 110 miles south of the Canadian border. There is 280 miles between Spokane and Seattle, so be sure to stop and visit beautiful Spokane as you are traveling through.

THURSDAY, NOVEMBER 17, 2011

## Cafe MAC



Where's the Cafe MAC? Well, it's a little off the beaten path. It is located in Browne's Addition....

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in a little neighborhood..... near Riverside Drive inside Spokane's Northwest Museum of Arts and Culture. The address is: 2316 West 1st Avenue, Spokane.

Cafe MAC

Nov 17, 2011

Palm Court Grille (at the Davenport Hotel)

Nov 16, 2011

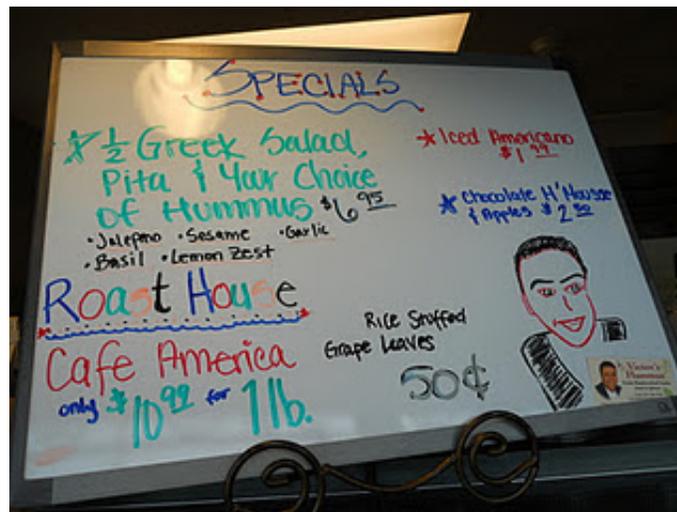
High Nooner

Nov 16, 2011

Catacombs Pub

Nov 15, 2011

## What's Cooking Around Town?

AmericanAmerican GourmetAmerican. GourmetAmerican. SteakhouseAsianBakeryBreakfastCajunChineseCoffee StopCubanDelidessertEclectic EthnicEthiopianEuropeanFilipinoFrenchfrozen yogurtGermanGourmetGreekhamburgers and friesHome Cookingice creamIndianItalianJapaneseKoreanKorean foodLocal MusicMarketplaceMexicanMiddle EasternMoroccan

At Cafe MAC you are in for a treat because serve American and Middle Eastern lunch items, like jadra, hummus, various delicious pastries, Turkish coffee and American coffee too!

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I not only loved touring the MAC with my friend and viewing some impressionists paintings....



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and discovering some local art that really made our day unique ...

## Restaurant Updates and Changes

This website is our dining experiences at the restaurants listed here. Please be aware that since being blogged about on Tasty Trek, some of the restaurants have been known to have closed permanently, moved location or even changed names and ownership. **Please, always check your own local listing on a particular restaurant to see if the information given on this blog is still up to date at the time of your visit.** Consult the particular restaurant or establishment that you are interested in for all their current hours of operation, menus, specials and locations.

Thank you.



but I loved the fringe benefits.... of touring the Campbell House and having lunch together. We had our lunch at the MAC Cafe.

# ARCHIVE

- ▼ 2011 (33)
  - November 2011 (5)
  - October 2011 (4)
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  - July 2011 (3)
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# Collections

 [Crazy Cool Signs](#)  
[The Real](#)



Ghostbusters - I thought I was imagining things when I saw this car... but upon closer inspection, it was the REAL Ghostbusters.....and, they were ready for duty. ...



There was art everywhere.

# Delicious!

Geo and Lisa have set out on an adventure... to boldly venture forth to places we have never gone before... to unearth what had previously been to us, a hidden food culture in the city we call home, Spokane. Without a doubt, it is truly a pleasure to taste the many wonderful flavors of the world that lay hidden like treasure in the kitchens of small business owners in nearby neighborhoods until their presence upon the menu catches our eye. Our quest was not to find the best or the worst... but to try something



Art on the wall.

new, to make new friends and acquaintances and to discover for ourselves more of what life in Spokane is like and what our community has to offer in way of culinary experiences.

The inspiration to embark on such a journey came after several dinner outings where we realized that there were many ethnic foods and extremely nice people who owned restaurants in Spokane. Having found this to be quite remarkable, we simply decided to broaden our horizon, to boldly go where we had never gone before, and keep a log of where we had been, what we ate and what we experienced while we were there.

With time to spend together around the dinner hour and a little lunch money in our pockets that we could give to our community in a "support your local business" type of way, we began our food trekking journey in and around the city, and even venture out from time to time. It has become our quest, our journey... perhaps even our weird obsession, but whatever it is, whatever you think it may be, it is done with a spirit of adventure, one that we now take with us, everywhere, and wherever we go...

This is Lisa's blog... and THIS is Tasty Trek. This is our story.



Artistry in vases!



Art in man-made building designs and artistry in nature....

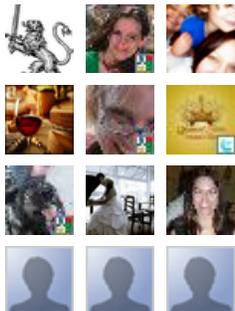
There was even artistry in the food. A man named [Victor Azar](#), who also does catering, manages the Cafe MAC.

The Jadra, a lentil and rice pilaf dish is what I ordered first, but they were out of it that day. As a second try, I simply ordered what my friend ordered and so, we both ate the Thai Chicken Wrap, which was served with chips. It was not exactly middle eastern food, but it was good just the same. It was pretty too.

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Besides lunch there were lots of snack and desserts. There was a vast array of delicious treats, apples, cookies... and Baklava.





Cafe MAC (by D Zaar )is open Wed - Sat 11am - 4pm  
Closed major holidays. The MAC web infor for the restaurant is [here](#).

[Victors webpage is here.](#)



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Posted by Lisa at [11:45 AM](#)

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**North, South.... East.....or West...**



There is a whole world of delicious possibilities from here!